St. Margaret's
C.E. Primary School, Heywood

Advice for Year 3 Parents/Carers following illness in school

7th October 2020

Dear **Year 3** Parents/Carers,

I am writing to inform you that today we have had reported that we have a child in your child's class displaying one or more symptoms of COVID-19. They have not been in school today. **This is not a confirmed case and is a purely precautionary measure.** Testing has been arranged in accordance with Government National Guidance for the child in question.

Until the test outcome for the child in question is known your child can continue to attend school.

If the child in question has tested positive for COVID-19 your child will then be categorised as a close contact of a confirmed case and as such, will be advised to self-isolate for 14 days from the date of contact.

Someone from school will contact you in the coming days to inform you of the test outcome and advise you if social isolation is required.

What to do if your child develops symptoms of COVID 19?

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared as advised in https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance

You should arrange for testing for your child via https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance or 111.nhs.uk or primary care

A negative test does not mean that your child can return to school earlier than 14 days. Household members can end their isolation straight away following the negative test, unless someone else in the household is waiting for the result of their test.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or

- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at or https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/ by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Yours sincerely,

Mrs Maxine Beresford

Head Teacher